



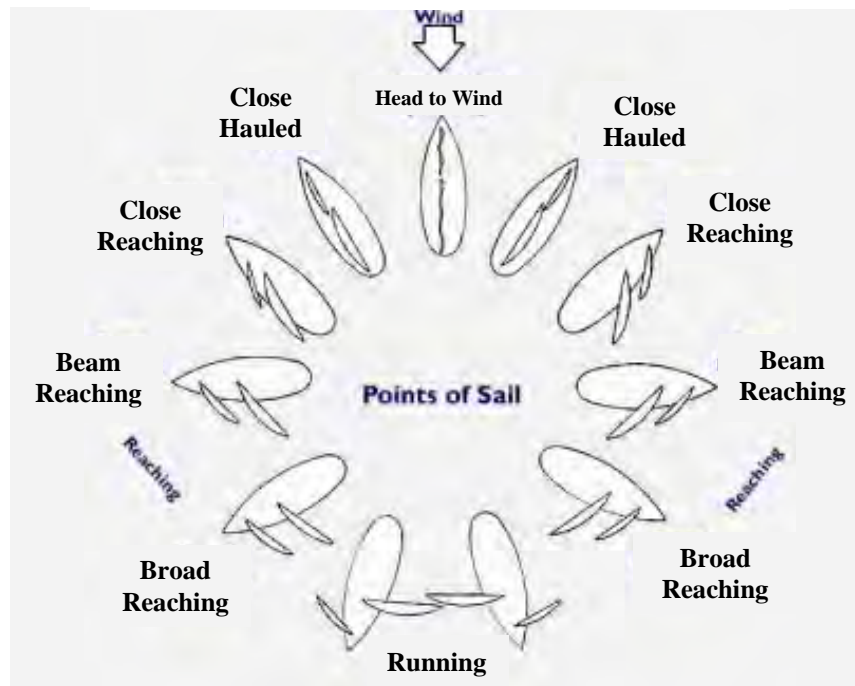
Learn-to-Sail: Class 2

1) SAILING DOWNWIND (Pg. 56-59)

- If you're sailing to a downwind destination, you can sail directly towards it.
 - **Basic sail trim** – keep the sail trimmed 90 to the direction of the wind.
 - **Advanced sail trim**– ease when the leeward tell tale droops or dances, trim when it luffs. Disregard the windward tell tale.
- When you rotate the stern through the eye of the wind, *this zig-zagging maneuver is called gybing.* (See Pg. 57)
 - When you are ready to gybe:
 - Skipper announces “prepare to gybe”
 - Crew replies “ready to gybe”
 - Skipper starts the gybe by pushing tiller away from sail and announces “gybe-ho!”

2) POINTS OF SAIL (Pg. 42-47)

Knowing your points of sail can help you to set your sail and communicate with other sailors.



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3) RULES OF THE ROAD (Pg. 80-83)

When two boats meet, one boat will have right of way (boat remains on its course) and the other boat will be expected to give way (get out of the way!). There are several guidelines you should follow when you are sailing around other watercraft.

- 1) RAM (Restricted in Ability to Maneuver) boats over sailboats
Sailboats must give way to commercial vessels, ships in channels, tugboats, large fishing vessels, etc.
- 2) Sailboats over Powerboats
A power-driven vessel must give way to sailing vessels
- 3) Overtaken over Overtaking
The overtaking vessel must keep well clear of the vessel being overtaken
- 4) Starboard Tack over Port Tack
When each sailboat has the wind on a different side, the vessel which has the wind to port (left side) must give way
- 5) Leeward over Windward
When both sailboats have the wind on the same side, the vessel which is to windward must give way to the vessel which is to leeward

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